

Intermediate 4 Wall Line Dance 64 Counts
Choreographed by Kate Sala & Rob Fowler

Music is "In My Bed - (Single Version)" by Edei

Available on Download from iTunes & www.amazon.co.uk

32 Count intro - 154 BPM

Right Heel Grind, Left Heel Grind, Rock Forward, Recover, Long Step Back, Kick.

- 1 2 Step forward on R heel with toe turned in. Grind Heel turning toes out. Weight on R.
3 4 Step forward on L heel with toe turned in. Grind heel turning toes out. Weight on L.
5 6 Rock forward on R. Recover on L.
7 8 Take a big step back on R. Angle your body to R diagonal & kick L forward to 12 o'clock.

Cross, Back, Side, Hold, Forward Lock Step, Hold.

- 1 2 3 4 Cross step L over R. Step back on R. Step L to L side. Hold.
5 6 7 8 Step forward on R, Lock step L behind R. Step forward on R. Hold.

Step, Pivot 1/2 Turn Right, Step, Hold, Step, Pivot 1/2 turn Left, Turn 1/2 Left Stepping Back, Sweep

- 1 2 3 4 Step forward on L. Pivot 1/2 turn R. Step forward on L. Hold.
5 6 7 8 Step forward on R. Pivot 1/2 turn L. Turn 1/2 L stepping back on R. Sweep L out to L side.

Step Diagonally Back Left, Hold, Cross Step, Hold, Step Back, Step Back Right, Cross Step, Hold

- 1 2 3 4 Step L back to L diagonal. Hold. Cross step R over L. Hold.
5 6 7 8 Step L back to L diagonal. Step R back to R diagonal. Cross step L over R. Hold.

Step Right, Touch, Step Left, Touch, Scissor Step Right, Hold.

- 1 2 3 4 Step R to R side. Touch L next to R instep. Step L to L side. Touch R next to L instep.
5 6 7 8 Step R to R side. Step L next to R. Cross step R over L. Hold.

Step Left, Touch, Step Right, Touch, Scissor Step Left, Hold

- 1 2 3 4 Step L to L side. Touch R next to L instep. Step R to R side. Touch L next to R instep. Hold.
5 6 7 8 Step L to L side. Step R next to L. Cross step L over R. Hold.

Step Right, Together, Back, hold, Chasse Left With 1/4 Turn Left.

- 1 2 3 4 Step R to R side. Step L next to R. Step back on R. Hold.
5 6 7 8 Step L to L side. Step R next to L. Turn 1/4 L stepping forward on L.

Step Forward Right, Touch Left Behind Right, Step Back, Pivot 1/2 Turn Right, Triple Full Right

- 1 2 Step forward on R. Touch L toe behind R instep.
3 4 Step back on L. Pivot 1/2 turn R on ball of L keeping R foot off the floor.
5 6 Step forward on R, Turn 1/2 R stepping back on L.
7 8 Turn 1/2 R stepping forward on R. Step forward on L.

Start Again